

MESSAGE

Occasion : 04.08.2020 Lighthouse BBC Coming Together
Theme : Able to Do Abundantly According to the Ability God Gives
Venue : Online Live Streaming
Date : April 8, 2020

TITLE : WAYS WE MAY NOT BE TROUBLED
Text/s :

Luke 24:38-39

38 And he said unto them, Why are ye troubled? and why do thoughts arise in your hearts?

39 Behold my hands and my feet, that it is I myself: handle me, and see; for a spirit hath not flesh and bones, as ye see me have.

KJV

Bible Reading :

Ps 107:15-31

15 Oh that men would praise the Lord for his goodness, and for his wonderful works to the children of men!

16 For he hath broken the gates of brass, and cut the bars of iron in sunder.

17 Fools because of their transgression, and because of their iniquities, are afflicted.

18 Their soul abhorreth all manner of meat; and they draw near unto the gates of death.

19 Then they cry unto the Lord in their trouble, and he saveth them out of their distresses.

20 He sent his word, and healed them, and delivered them from their destructions.

21 Oh that men would praise the Lord for his goodness, and for his wonderful works to the children of men!

22 And let them sacrifice the sacrifices of thanksgiving, and declare his works with rejoicing.

23 They that go down to the sea in ships, that do business in great waters;

24 These see the works of the Lord, and his wonders in the deep.

25 For he commandeth, and raiseth the stormy wind, which lifteth up the waves thereof.

26 They mount up to the heaven, they go down again to the depths: their soul is melted because of trouble.

27 They reel to and fro, and stagger like a drunken man, and are at their wits' end.

28 Then they cry unto the Lord in their trouble, and he bringeth them out of their distresses.

29 He maketh the storm a calm, so that the waves thereof are still.

30 Then are they glad because they be quiet; so he bringeth them unto their desired haven.

31 Oh that men would praise the Lord for his goodness, and for his wonderful works to the children of men!

KJV

Song/s :

THROUGH IT ALL

i

I've had many tears and sorrows,

I've had questions for tomorrow,

There've been times I didn't know right from wrong:

But in every situation God gave blessed consolation

That my trials come to only make me strong.

Chorus

Through it all, through it all,

I've learned to trust in Jesus,

I've learned to trust in God;

Through it all, through it all,

I've learned to depend upon His Word.

II

I've been to lots of places,
And I've seen a lot of faces,
There've been times I felt so all alone;
But in my lonely hours,
Yes, those precious lonely hours,
Jesus let me know that I was His own.

Chorus

Through it all, through it all,
I've learned to trust in Jesus,
I've learned to trust in God;
Through it all, through it all,
I've learned to depend upon His Word.

III

I thank God for the mountains,
And I thank Him for the valleys,
I thank Him for the storms
He brought me through;
For if I'd never had a problem
I wouldn't know that He could solve them,
I'd never know what faith in God could do.

Chorus

Through it all, through it all,
I've learned to trust in Jesus,
I've learned to trust in God;
Through it all, through it all,
I've learned to depend upon His Word.

TILL THE STORM PASSES BY
(Mosie Lister)

I

In the dark of the midnight have I oft hid my face,
While the storm howls above me, and there's no hiding place.
'Mid the crash of the thunder, Precious Lord, hear my cry,
Keep me safe till the storm passes by.

Chorus

Till the storm passes over, till the thunder sounds no more,
Till the clouds roll forever from the sky;
Hold me fast, let me stand in the hollow of Thy hand,
Keep me safe till the storm passes by.

II

Many times Satan whispered, "There is no need to try,
For there's no end of sorrow, there's no hope by and by"
But I know Thou art with me, and tomorrow I'll rise
Where the storms never darken the skies.

Chorus

Till the storm passes over, till the thunder sounds no more,
Till the clouds roll forever from the sky;
Hold me fast, let me stand in the hollow of Thy hand,
Keep me safe till the storm passes by.

III

When the long night has ended and the storms come no more,
Let me stand in Thy presence on the bright peaceful shore;
In that land where the tempest, never comes, Lord, may I
Dwell with Thee when the storm passes by.

Chorus

Till the storm passes over, till the thunder sounds no more,
Till the clouds roll forever from the sky;
Hold me fast, let me stand in the hollow of Thy hand,
Keep me safe till the storm passes by.

He Cared That Much For Me

I

When I think of Jesus love,
And how he came from heaven above,
I'm ashamed because I know
That I have failed me thanks to show.

Chorus:

I know, I know he loves me:
This he proved at Calvary.
He gave his life that I might live.
He cared that much for me.

II

Lord I pray for strength today
That I might show some one the way.
After all you've done for me,
Can I give less than all for thee.

Chorus:

I know, I know he loves me:
This he proved at Calvary.
He gave his life that I might live.
He cared that much for me.

Other references :

INTRODUCTION

BODY

Ways we may not be troubled.

Luke 24:38-39

38 And he said unto them, Why are ye troubled? and why do thoughts arise in your hearts?

39 Behold my hands and my feet, that it is I myself: handle me, and see; for a spirit hath not flesh and bones, as ye see me have.

KJV

Even the Apostle Paul was not exempted from being troubled. But he said, God, that comforteth those that are cast down, comforted us....

2 Cor 7:5-7

5 For, when we were come into Macedonia, our flesh had no rest, but we were troubled on every side; without were fightings, within were fears.

6 Nevertheless God, that comforteth those that are cast down, comforted us by the coming of Titus;

7 And not by his coming only, but by the consolation wherewith he was comforted in you, when he told us your earnest desire, your mourning, your fervent mind toward me; so that I rejoiced the more.

KJV

He knew exactly how he the Lord works to get him out of trouble.

We should, too. But how?

1) Recognize the Lord. His dealings. His ways.

Matt 14:26-27

26 And when the disciples saw him walking on the sea, they were troubled, saying, It is a spirit; and they cried out for fear.

27 But straightway Jesus spake unto them, saying, Be of good cheer; it is I; be not afraid.

KJV

Luke 24:38-39

38 And he said unto them, Why are ye troubled? and why do thoughts arise in your hearts?

39 Behold my hands and my feet, that it is I myself: handle me, and see; for a spirit hath not flesh and bones, as ye see me have.

KJV

Isa 55:9-11

9 For as the heavens are higher than the earth, so are my ways higher than your ways, and my thoughts than your thoughts.

10 For as the rain cometh down, and the snow from heaven, and returneth not thither, but watereth the earth, and maketh it bring forth and bud, that it may give seed to the sower, and bread to the eater:

11 So shall my word be that goeth forth out of my mouth: it shall not return unto me void, but it shall accomplish that which I please, and it shall prosper in the thing whereto I sent it.

KJV

Eph 3:18-21

18 May be able to comprehend with all saints what is the breadth, and length, and depth, and height;

19 And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God.

20 Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us,

21 Unto him be glory in the church by Christ Jesus throughout all ages, world without end. Amen.

KJV

2) Know what the word says about things that will come to pass

Matt 24:6-7

6 And ye shall hear of wars and rumours of wars: see that ye be not troubled: for all these things must come to pass, but the end is not yet.

7 For nation shall rise against nation, and kingdom against kingdom: and there shall be famines, and pestilences, and earthquakes, in divers places.

KJV

Mark 13:7-8

7 And when ye shall hear of wars and rumours of wars, be ye not troubled: for such things must needs be; but the end shall not be yet.
8 For nation shall rise against nation, and kingdom against kingdom: and there shall be earthquakes in divers places, and there shall be famines and troubles: these are the beginnings of sorrows.
KJV

2 Thess 1:6-10

6 Seeing it is a righteous thing with God to recompense tribulation to them that trouble you;
7 And to you who are troubled rest with us, when the Lord Jesus shall be revealed from heaven with his mighty angels,
8 In flaming fire taking vengeance on them that know not God, and that obey not the gospel of our Lord Jesus Christ:
9 Who shall be punished with everlasting destruction from the presence of the Lord, and from the glory of his power;
10 When he shall come to be glorified in his saints, and to be admired in all them that believe (because our testimony among you was believed) in that day.
KJV

3) Be sure we do not entertain unbelief

John 14:1-4

1 Let not your heart be troubled: ye believe in God, believe also in me.
2 In my Father's house are many mansions: if it were not so, I would have told you. I go to prepare a place for you.
3 And if I go and prepare a place for you, I will come again, and receive you unto myself; that where I am, there ye may be also.
4 And whither I go ye know, and the way ye know.
KJV

John 14:27

27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.
KJV

Mark 9:23-24

23 Jesus said unto him, If thou canst believe, all things are possible to him that believeth.
24 And straightway the father of the child cried out, and said with tears, Lord, I believe; help thou mine unbelief.
KJV

2 Thess 2:2

2 That ye be not soon shaken in mind, or be troubled, neither by spirit, nor by word, nor by letter as from us, as that the day of Christ is at hand.
KJV

1 Thess 3:3-5

3 That no man should be moved by these afflictions: for yourselves know that we are appointed thereunto.
4 For verily, when we were with you, we told you before that we should suffer tribulation; even as it came to pass, and ye know.
5 For this cause, when I could no longer forbear, I sent to know your faith, lest by some means the tempter have tempted you, and our labour be in vain.
KJV

2 Cor 4:7-10

7 But we have this treasure in earthen vessels, that the excellency of the power may be of God, and not of us.
8 We are troubled on every side, yet not distressed; we are perplexed, but not in despair;
9 Persecuted, but not forsaken; cast down, but not destroyed;

10 Always bearing about in the body the dying of the Lord Jesus, that the life also of Jesus might be made manifest in our body.

KJV

4) Be settled in how the eyes of the Lord are over His people.

1 Peter 3:12-16

12 For the eyes of the Lord are over the righteous, and his ears are open unto their prayers: but the face of the Lord is against them that do evil.

13 And who is he that will harm you, if ye be followers of that which is good?

14 But and if ye suffer for righteousness' sake, happy are ye: and be not afraid of their terror, neither be troubled;

15 But sanctify the Lord God in your hearts: and be ready always to give an answer to every man that asketh you a reason of the hope that is in you with meekness and fear:

16 Having a good conscience; that, whereas they speak evil of you, as of evildoers, they may be ashamed that falsely accuse your good conversation in Christ.

KJV

Ps 11:4-7

4 The Lord is in his holy temple, the Lord's throne is in heaven: his eyes behold, his eyelids try, the children of men.

5 The Lord trieth the righteous: but the wicked and him that loveth violence his soul hateth.

6 Upon the wicked he shall rain snares, fire and brimstone, and an horrible tempest: this shall be the portion of their cup.

7 For the righteous Lord loveth righteousness; his countenance doth behold the upright.

KJV

2 Chron 16:9

9 For the eyes of the Lord run to and fro throughout the whole earth, to shew himself strong in the behalf of them whose heart is perfect toward him. Herein thou hast done foolishly: therefore from henceforth thou shalt have wars.

KJV

Ps 33:18-22

18 Behold, the eye of the Lord is upon them that fear him, upon them that hope in his mercy;

19 To deliver their soul from death, and to keep them alive in famine.

20 Our soul waiteth for the Lord: he is our help and our shield.

21 For our heart shall rejoice in him, because we have trusted in his holy name.

22 Let thy mercy, O Lord, be upon us, according as we hope in thee.

KJV

CONCLUSION

Troubled